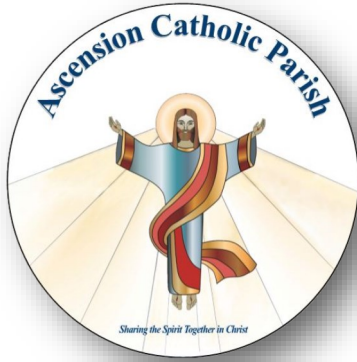
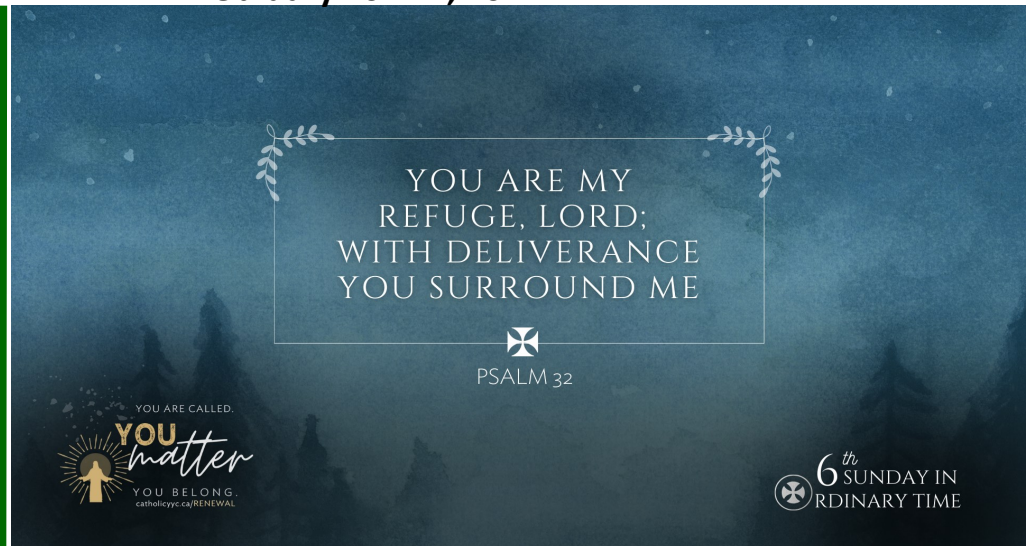


# ASCENSION CATHOLIC PARISH

February 10 - 11, 2024



*Sharing the Spirit  
Together in Christ*



## MASS TIMES

### WEEKDAY MASSES

Monday - Saturday: 9:00am

Wednesday: 6:00pm

### WEEKEND MASSES

Saturday: 5:00pm & 7:00pm

Sunday: 8:00am; 10:00am;

12:00pm & 4:00pm

## PARISH STAFF

**Pastor: Fr. John Gannon**

**Associate: Fr. JP Luxbacher**

**Vicar: Fr. Adrian Martens  
(Sundays)**

**Deacon: Patrick Woo**

**Admin Assist: Jenn Pashula**

**Sacraments: Linda Hengen**

**Communications: Sophia  
Nelson**

**Bookkeeper: Cindy Kreutzer**

**Resource: Connie Raz**

## OFFICE HOURS

Tuesday—Saturday

9:30am - 4:00pm

*Closed for Lunch 12pm—1pm*

## OUR MISSION STATEMENT

*“To be Missionary Disciples”*

We invite you to encounter Christ deeply in the Eucharist within a vibrant Catholic Community where you can use your gifts and talents to spread the Gospel message with joy.

**Psalm 32: You are my refuge, Lord; with deliverance you surround me.**

## 6TH SUNDAY IN ORDINARY TIME

Ash Wednesday marks the first day of Lent. We receive ashes on our foreheads in the shape of a cross, signifying God’s love for us and our repentance. The words that we hear as the ashes are applied are “Remember that you are dust and unto dust you shall return” or “Repent and believe in the Gospel”. They are powerful statements to help us reflect on how we are to live our lives.

We have the opportunity these days to ask the Lord what He wants from us this Lent. The traditional focus on fasting, prayer and almsgiving can help us to form resolutions that may be helpful to turn to God in the way we are living our lives. I encourage you to pick concrete resolutions in these areas where we feel that God is nudging us. If you need suggestions, here are a few: limiting screentime or specific apps on our phones, reading the gospels or committing to 10 minutes a day of meditation and prayer might be a few places to start.

Happy Lent!

Fr. John



## CONFESSIONS

Tuesday - Saturday:

8:15am - 8:45am

Saturdays: 4:00pm - 4:45pm

or by appointment

## ANOINTING OF THE SICK

Please call the office at 403.275.2240

When prompted

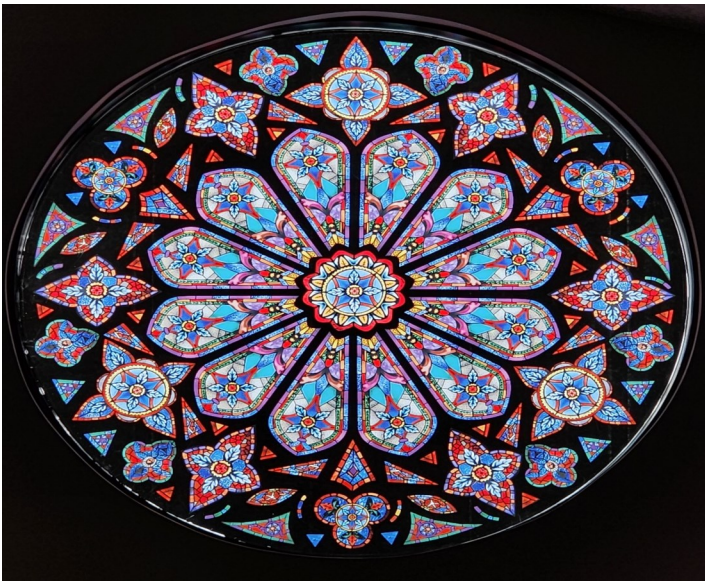
Press 2 for Pastor

Press 3 for Associate

1100 Berkshire Blvd NW Calgary, AB T3K 3M3

Phone 403.275.2240 | Fax 403.274.3969 | [www.ascensionparish.ca](http://www.ascensionparish.ca)

## FACTS OF FAITH



Have you noticed the beautifully installed stained-glass windows at our Parish? This particular installation is called a “Rose Window”. The Rose Window, a prominent architectural feature in many Catholic churches, holds historical and symbolic significance. Rose Windows often feature biblical scenes, saints, angels, and other religious symbols. The scenes depicted convey biblical narratives, theological concepts, or the lives of saints. Some Rose Windows feature scenes from the life of the Virgin Mary, such as the Annunciation, Nativity, Assumption, and Coronation, celebrating key events in Mary's life.

Want to know more about our other installations? Well, next week's feature is “The Lamb of God”

### STATIONS OF THE CROSS

Every Friday of Lent

Mass: 6:00pm

Stations of the Cross: 6:30pm

Soup & Bun: 7:00pm

## SACRAMENTS

Our programs are closed for the school year 2023–2024 and will open for registration for the school year 2024–2025 on **June 1<sup>st</sup>, 2024**. Please mark your calendars to check our [website](#) to register.

**Infant Baptism (Infants 0–5 years):** Parents are asked to contact the Church to register their child for Baptism. Along with the registration, there is required paperwork to be submitted and a Baptism Preparation Class. The classes take place once a month on a Saturday morning. To register or for further information, email [baptism@ascensionparish.ca](mailto:baptism@ascensionparish.ca).

**School-Age Baptism (children 6 and older):** This is a unique program offered for families of school-age children. We offer the program twice a year, once in the spring and once in the fall. Families take part in two classes and submit the required paperwork. Our class for spring 2024 is accepting registrations; please contact [baptism@ascensionparish.ca](mailto:baptism@ascensionparish.ca) to register or for more information.

**Adult Confirmation (adults 18 and over who have been Baptized):** We offer Adult Confirmation Classes for adults who are missing one or more of their Sacraments. The class is offered once a year and aligns with the Confirmation Mass during the Easter Season. For more information, contact [sacraments@ascensionparish.ca](mailto:sacraments@ascensionparish.ca).

**RCIA (Rite of Christian Initiation of Adults):** For adults seeking Baptism and conversion into the Catholic faith, please contact the Parish office for more information at [office@ascensionparish.ca](mailto:office@ascensionparish.ca).

**Marriage:** By appointment, 6 months in advance. Please contact the Parish office at [office@ascensionparish.ca](mailto:office@ascensionparish.ca).

**Marriage Preparation:** Please contact the Parish office for more information at [admin@ascensionparish.ca](mailto:admin@ascensionparish.ca) or through the Diocese at <https://www.catholiccyc.ca/marriageprep.html>.

**Marriage Convalidation:** Catholics who have had a civil marriage and want their marriage validated as a Sacramental Covenant can prepare for this beautiful ceremony. Please contact the office to begin this process at [office@ascensionparish.ca](mailto:office@ascensionparish.ca).

## ASH WEDNESDAY

February 14<sup>th</sup>, 2024

Mass Times - 7am, 9am, & 6pm



## A CALL TO SERVICE

### MISSIONARY DISCIPLE - **WITNESSING MY FAITH**



My name is Rodel Cenabre, and I have been a parishioner at our beloved Ascension Catholic Parish since 2012. Here is my faith journey:

I am lucky to have parents who appreciate the value of the Catholic Church. As children, we had strict rules about never missing Sunday Masses and days of obligation. This culture and these traditions have been ingrained in me until now. I was introduced to a Charismatic community (Rivers of Living Water Catholic Charismatic Community) that led me to become actively involved in serving the community, despite my shyness. Even with financial constraints, I was inspired to pursue medical school, and with God's grace, I finished medical school through a scholarship. When I received my license as an MD, I dedicated all my free time to working at a charity clinic for homeless squatters, which was incredibly rewarding. With God's blessing, we were able to establish the clinic, and donations, especially medications, poured in. I also had the opportunity to mentor and invite young medical students to join me, and together we expanded our efforts to provide free medical services to different towns.

Upon immigrating to Canada, I faced the challenges of being a foreign-trained doctor starting anew. Starting with ordinary jobs, I persisted in passing exams despite numerous rejections. With unwavering faith, I hoped for success: it took almost five years to navigate the system, relocate to Calgary, and secure a position as a family physician—a role I practiced for a decade.

During this time, I also started a family with my wife, Jessica, and we have been blessed with three wonderful children: David, Noah, and John. Our commitment to our faith has remained strong. I also became actively involved with Ascension Catholic Parish, serving as a Lector, Eucharistic Minister, and Sacristan. Since 2014, I have been a member of the Parish Council, and I currently serve as the Chair of the Council.

Despite life's challenges, I am continually reminded of God's purpose in our lives, and I thank God for guiding me and helping me stay close to Him through it all.

### FINANCE COUNCIL

The Finance Council has posted the Finance Report for the year-end on our Parish website. This comprehensive report provides an overview of the financial aspects of our Parish for the past year. Please visit our website at [ascensionparish.ca](http://ascensionparish.ca) for the detailed report.



**THANK YOU** to all our volunteers who participated in the **Automatic External Defibrillator (AED)** training! Your commitment to learning and readiness in

case of emergencies warms our hearts.



### CWL Meeting February 14th

Please join us for our **regular meeting and fellowship**. The meeting will start **following the Ash Wednesday 6:00 pm Service**.

### MASS INTENTIONS FEB 10-17, 2024

Feb 10	5pm	For the soul of Dianne Theakston
Feb 10	7pm	Mass for Parishioners
Feb 11	8am	For the soul of Rolando Amigo
Feb 11	10am	For the soul of Ante Matic
Feb 11	12pm	For the soul of Sandra Jayasundera
Feb 11	4pm	For the soul of Allan Voshua Abel Tubig
Feb 12	9am	For the soul of Jo Graham
Feb 13	9am	For the soul of Flora Dilello
Feb 14	9am	For the soul of Valentine De Jesus
Feb 14	6pm	For the souls of Gian Enrico and Gabriella Bongiovanni
Feb 15	9am	For the soul of Antonio Dilello
Feb 16	9am	For the special intention of Audrey Cutts
Feb 16	6 pm	For the soul of Mirianne Folefac
Feb 17	9am	For the soul of Philip Prieria

## MINISTRY CONTACTS

Administrative Assistant: Jenn Pashula | [office@ascensionparish.ca](mailto:office@ascensionparish.ca)  
 Communications: Sophia Nelson | [communications@ascensionparish.ca](mailto:communications@ascensionparish.ca)  
 Volunteer Resource: Connie Raz | [resource@ascensionparish.ca](mailto:resource@ascensionparish.ca)

### SACRAMENTS

Baptism: Linda Hengen | [baptism@ascensionparish.ca](mailto:baptism@ascensionparish.ca)  
 Sacramental Preparation: Linda Hengen | [sacraments@ascensionparish.ca](mailto:sacraments@ascensionparish.ca)  
 Marriage Prep: Ferdie Gayos | [ferdie.gayos@calgarydiocese.ca](mailto:ferdie.gayos@calgarydiocese.ca)  
 Marriage and Convalidation | [office@ascensionparish.ca](mailto:office@ascensionparish.ca)  
 RCIA: Rob Kehrig | [robkehrig@gmail.com](mailto:robkehrig@gmail.com)

### MINISTRIES

Parish Pastoral Council: Rodel Cenabre | [rodelcenabre@gmail.com](mailto:rodelcenabre@gmail.com)  
 Finance Council: Christina Dao | [c\\_dc\\_d@hotmail.com](mailto:c_dc_d@hotmail.com)  
 Building Fund: Mark Holland | [markholland@shaw.ca](mailto:markholland@shaw.ca)  
 Special Events Fundraising: Holly Davidson | [hollyd@telus.net](mailto:hollyd@telus.net)  
 Ex-ord. Min. of Holy Communion: Nadia Oliverio | [nadia.oliverio23@gmail.com](mailto:nadia.oliverio23@gmail.com)  
 Liturgical Ministries: Andrew Harich | [harich0307@gmail.com](mailto:harich0307@gmail.com)  
 Lectors: Andrew Harich | [harich0307@gmail.com](mailto:harich0307@gmail.com)  
 Music: Maryna Szojka | [music@ascensionparish.ca](mailto:music@ascensionparish.ca)  
 Sacristans: James Chuah | [jameschuah10248@gmail.com](mailto:jameschuah10248@gmail.com)  
 Ushers: Vinay Parmar | [vparmar@flyht.com](mailto:vparmar@flyht.com)  
 Greeters: Eneyo Eyo | [eneyo.eyo@gmail.com](mailto:eneyo.eyo@gmail.com)  
 Mass Participation Tracker: Flor De Souza | [flordes18@yahoo.ca](mailto:flordes18@yahoo.ca)  
 Weekday Masses: Connie Raz | [connieraz@gmail.com](mailto:connieraz@gmail.com)  
 Ascension Communication Team (ACT) | [office@ascensionparish.ca](mailto:office@ascensionparish.ca)  
 Pastoral Care: Connie Raz | [resource@ascensionparish.ca](mailto:resource@ascensionparish.ca)  
 Youth: | [youth@ascensionparish.ca](mailto:youth@ascensionparish.ca)  
 Art and Environment: Maria San Miguel | [let@shaw.ca](mailto:let@shaw.ca)  
 Altar Serving: Mary Grace Gueco | [server@ascensionparish.ca](mailto:server@ascensionparish.ca)  
 RSVP: Lucy Reyes | [Lucy.reyes@me.com](mailto:Lucy.reyes@me.com)  
 Landscaping Ministry: Vinay Parmar | [vparmar@flyht.com](mailto:vparmar@flyht.com)  
 Property Management Team: Russell Todd | [property@ascensionparish.ca](mailto:property@ascensionparish.ca)  
 Vocation Chalice Coordinator: Violeta Romero | [violy1416@yahoo.com](mailto:violy1416@yahoo.com)  
 Linens | [angiepatawaran1@gmail.com](mailto:angiepatawaran1@gmail.com)  
 Funeral Lunch | [iwoytas@gmail.com](mailto:iwoytas@gmail.com)

### LAY ASSOCIATIONS

Catholic Women's League: Sheryl Bennett | [cwl.ascension@gmail.com](mailto:cwl.ascension@gmail.com)  
 Knights of Columbus: Chris Rappel | [gk10065@kofc.ab.ca](mailto:gk10065@kofc.ab.ca)  
 Legion of Mary: Mary Shu | [mary.dp.shu@hotmail.com](mailto:mary.dp.shu@hotmail.com)  
 Regnum Christi: Eileen Coady | [calgaryregnumchristi@gmail.com](mailto:calgaryregnumchristi@gmail.com)  
 St. Vincent dePaul : Grant Dusyk | [president.ascension.ssvp@gmail.com](mailto:president.ascension.ssvp@gmail.com)  
 SSV: Hamper Request | 587.755.3855 | [ssvp.ascension@gmail.com](mailto:ssvp.ascension@gmail.com)



### Young Adult Group

Faith, Friendship, and Fun!

Ages 18-36

### St. Peter's Young Adult Group - Three Miracles of Happiness

Join us at St. Peter's Catholic Church on Friday, **February 16<sup>th</sup>** at **7pm**. For more information or to get on our email list to hear about all our great meetings, visit our website [www.spyag.ca](http://www.spyag.ca) or email Matthew at [youngadultgroup@st-peters.ca](mailto:youngadultgroup@st-peters.ca).

### Ascension

### Society of St. Vincent DePaul LENTEN SHARE

Feb 17 - Mar 24



#### NON-PERISHABLE (NOT EXPIRED) FOOD ITEMS

SUPERSTORE GIFT CARDS IN DENOMINATIONS OF \$25  
PURCHASED FROM THE K OF C AND DONATED TO SSV

COLLECTION BOX AND ENVELOPES IN THE NARTHEX FOR  
FOOD, CASH AND GIFT-CARDS  
TAX RECEIPTS FOR CUMULATIVE DONATIONS AT END OF  
YEAR

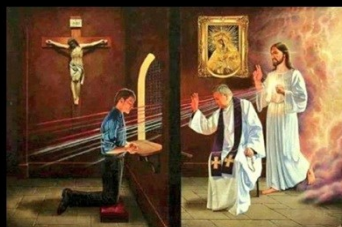
FOR ONLINE DONATIONS, PLEASE SCAN THE QR CODE  
BELOW OR GO TO OUR WEBSITE



[HTTPS://ASCENSIONSSVP.WIXSITE.COM/  
WEBSITE](https://ascensionssvp.wixsite.com/website)

We are asking for your continued support to assist the needy. You can purchase the \$25 Superstore gift-cards from the Knights of Columbus and donate them to Saint Vincent De Paul. Non-perishable, non-expired food items can be placed in the food donation bin near the Knights' table. Cash or gift-cards can be placed in the box by the food bin. Please visit [ascensionssvp.wixsite.com/website](https://ascensionssvp.wixsite.com/website) for more details.

## THE HEALING POWER OF CONFESSION



Presentation by Fr. Jason Brooks, LC  
 Tuesday, February 27, 2024  
 Start Time: 7:00pm  
 Zoom Cost: \$10.00 per person

To learn more about this incredible Sacrament that has the potential to uplift and transform lives, register now!  
[https://  
www.rccalgary.com/](https://www.rccalgary.com/)

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# Keeping a Secret

In today's Gospel reading, a poor man with leprosy asked Jesus to heal him. Our Lord was sorry for the leper and healed him. But then He told him not to tell anyone. Do you know what the man did?



Well, he didn't keep the secret.

He started to tell everyone what had happened. Soon Jesus couldn't walk into towns because there were such big crowds. He had to stay out in the deserted places so that there wouldn't be mobs in the towns.

Has anyone ever told you a secret? Do you find it hard to keep secrets? Once in a while somebody might tell you something that you will need to tell your parents, but usually you shouldn't tell anyone somebody else's secret. Before you tell something to your friends, always

ask yourself if it's okay to share it with them. Will it make things hard for somebody else? Might you hurt someone's feelings?

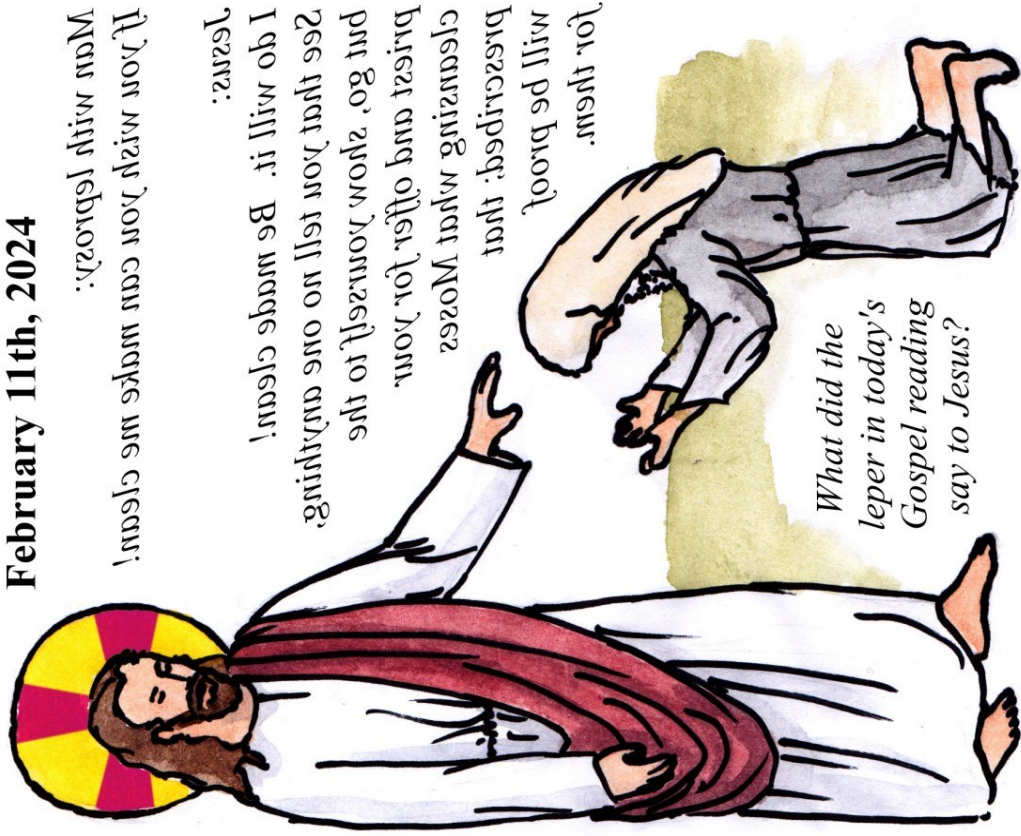
Think about how you would feel if someone told one of your secrets to their friends. And finally, always remember that the way you treat others is how you treat Jesus.



DO YOU WANT TO KNOW A SECRET...

# The Kids' Bulletin

Sixth Sunday in Ordinary Time  
February 11th, 2024



What did the leper in today's Gospel reading say to Jesus?

What did Jesus reply to him?

Look at this page in the mirror to find out!

Don't forget this Wednesday is Ash Wednesday!

Answers to Cross-Word: across: 3.kept 6.leper 7.people 9.sternly 10.to 13.hand 15.made 16.go 17.whole 18.in 19.began down: 1.Jesus 2.begged 3.kneeling 4.tell 5.if 8.touched 11.be 12.proof 13.he 14.down 15.man

[www.thekidsbulletin.com](http://www.thekidsbulletin.com)

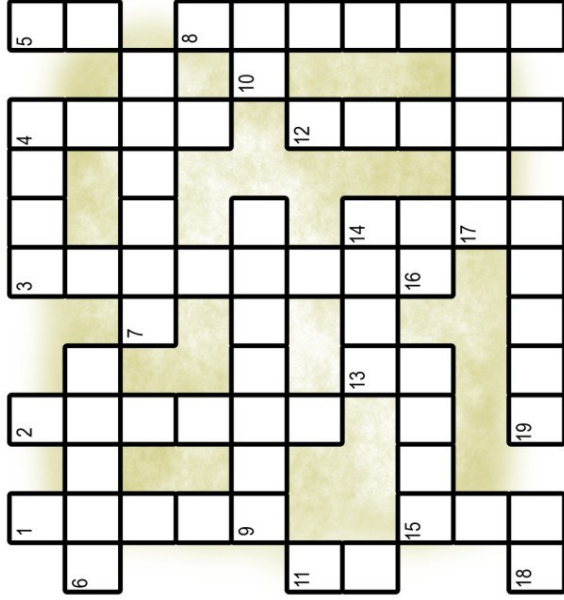
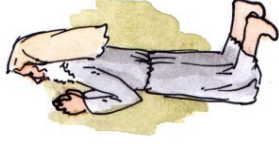
# Saint Claude de la Colombiere

## February 15



ST. CLAUDE DIED SHORTLY AFTER RETURNING TO FRANCE DUE TO HIS POOR HEALTH. HE HAD TRIED HARD TO LOVE GOD AS PERFECTLY AS HE COULD SO GOD CHOSE HIM TO HELP SPREAD DEVOTION TO HIS SACRED HEART. LIKE SAINT CLAUDE, WE SHOULD ALL LEARN TO APPRECIATE GOD'S LOVE FOR US.

# The Leper Cross-Word



if kneeling in to be he go tell man kept leper hand  
 touched in to be he go tell man kept leper hand  
 begged in to be he go tell man kept leper hand  
 sternly Jesus began whole proof made down  
 Jesus began whole proof made down  
 sternly Jesus began whole proof made down

A \_\_\_\_\_ (6a) came to Jesus and \_\_\_\_\_ (3d) \_\_\_\_\_ (14d) \_\_\_\_\_ (2d) him and said, " \_\_\_\_\_ (5d) you wish, you can make me clean." Moved with pity, he stretched out his \_\_\_\_\_ (13a), \_\_\_\_\_ (8d) him, and said to him, "I do will it. \_\_\_\_\_ (11d) made clean." The leprosy left him immediately, and he was \_\_\_\_\_ (15a) clean. Then, warning him \_\_\_\_\_ (9a), he dismissed him at once.

He said to him, "See that you \_\_\_\_\_ (4d) no one anything, but \_\_\_\_\_ (16a), show yourself to the priest and offer what Moses prescribed; that will be \_\_\_\_\_ (12d) for them."

The \_\_\_\_\_ (15d) went away and \_\_\_\_\_ (19a) to publicize the \_\_\_\_\_ (17a) matter. \_\_\_\_\_ (13d) spread the report abroad so that it was impossible for \_\_\_\_\_ (1d) to enter a town openly. He remained outside \_\_\_\_\_ (18a) deserted places, and \_\_\_\_\_ (7a) \_\_\_\_\_ (3a) coming \_\_\_\_\_ (10a) him from everywhere.