

ASCENSION CATHOLIC PARISH

February 11 - 12, 2023



*Sharing the Spirit
Together in Christ*



MASS TIMES

WEEKDAY MASSES

Monday - Saturday: 9:00am

WEEKEND MASSES

Saturday: 5:00pm & 7:00pm

Sunday: 8:00am; 10:00am;

12:00pm & 4:00pm

PARISH STAFF

Pastor: Fr. John Gannon

Associate: Fr. JP Luxbacher

Vicar: Fr. Adrian Martens (Sundays)

Deacon: Patrick Woo

Admin Assist: Jenn Pashula

Sacraments : Linda Hengen

Bookkeeper: Nora Alzamora

Resource: Connie Raz

OFFICE HOURS

Tuesday—Saturday

9:30am - 4:00pm

Closed for Lunch 12pm - 1pm

OUR MISSION STATEMENT

Ascension Catholic Parish is a community of disciples of Jesus Christ, the Risen Lord, guided on our journey by the Holy Spirit to further the Kingdom of God, through committed Worship, Catechesis, Fellowship and Service

Psalm 119: Blessed are those who walk in the law of the Lord!

6TH SUNDAY IN ORDINARY TIME

In our Gospel this week, we are hearing Christ's preaching of the Sermon of the Mount. It is just as much directed to us as Christians today and it is important to know that when Our Lord speaks to us, He sees how we can grow in our relationship with Him and ultimately be saints. Pope Francis reminded us of our call to holiness in one of his exhortations:

"Rejoice and be glad" (Mt 5:12), Jesus tells those persecuted or humiliated for His sake. The Lord asks everything of us, and in return He offers us true life, the happiness for which we were created. He wants us to be saints and not to settle for a bland and mediocre existence. (Pope Francis, Gaudete and Exultate 1)

As we prepare for Lent, it may be an opportune time to think on what God may be asking of us in the themes of prayer, fasting and almsgiving. Specifically for prayer begin by asking yourself: How is my daily plan of prayer? Does it begin with the Morning Offering and end with an Examination of Conscience? Can extra prayer time be added, such as praying with Scripture like Lectio Divina? Make our relationship with God a priority and listen to how He may be challenging us to grow.



PRAY FAST GIVE

Fr. John Gannon

CONFESSIONS

Tuesday - Saturday:
8:15am - 8:45am

Saturdays: 4:00pm - 4:45pm
or by appointment

ANOINTING OF THE SICK

Please call the office at 403.275.2240
When prompted
Press 2 for Pastor
Press 3 for Associate

1100 Berkshire Blvd NW Calgary, AB T3K 3M3

Phone 403.275.2240 | Fax 403.274.3969 | www.ascensionparish.ca

PREPARING FOR LENT

ASH WEDNESDAY

February 22nd

Mass Times: 9:00am | 5:00pm | 7:00pm



STATIONS OF THE CROSS

Every Friday in Lent,

Beginning February 24th

Mass | 6:30pm

Stations of the Cross | 7:00pm

Confession | 7:30pm



THE RESCUE PROJECT

Come spend Tuesday nights growing in the faith.

This eight-week program is designed to build community, facilitate conversation and allow time for prayer. If you are looking to expand your knowledge of the core Gospel message in an engaging and interactive way, then this program is for you.

If you would like to join, then please register at <https://www.ascensionparish.ca/rescue-project-signup.html>

KNIGHTS OF COLUMBUS

Please join the Knights in praying a Scriptural Rosary on Thursday February 23th before the morning 9am Mass. The Scriptural Rosary includes a short piece of scripture read before each Hail Mary spoken. The Rosary will begin at 8:20am.



Following Mass, the Knights will serve coffee and treats!

YOUTH GROUP - METANOIA

The next Youth Group meeting is

February 16th, 6:30pm-8:00pm in the

Church hall. There will be games, snacks and faith activities from the Conquest program. It is open to students grades 5 and up. If you are interested, please contact the

youth group leaders at youth@ascensionparish.ca or to register go to www.ascensionparish.ca.

SACRAMENTS

The Sacraments help to make people holy and build-up the body of Christ. They are a way to relate to God throughout life's transitions and help us to give praise and worship to God. They help us nourish, strengthen, and express our faith. Through the Sacraments, Jesus remains with His people, strengthening, healing, feeding, and forgiving them as they face life's challenges. Please pray for our children and youth who are receiving instruction and preparing for Baptism, First Holy Communion and Confirmation.

Reconciliation/First Holy Communion: Registration is closed for this year. Registration for the 2023-2024 year will open on June 1, 2023.

Confirmation: Registration is closed for this year. Registration for the 2023-2024 year will open on June 1, 2023.

Sacraments for Teens: Registration is closed for this year. Registration for the 2023-2024 year will open on June 1, 2023.

Baptism for School Aged Children: In collaboration with our Catholic Schools, we offer Baptism for School Aged Children between the ages of seven and twelve. Fall classes are completed. Our next session is in June; please register online.

Baptism for Infants: Baptisms are celebrated Saturday at 10am and Sunday at 2pm. Please call Linda at 403.275.2240 ext 6 or email baptism@ascensionparish.ca to register.

Baptism Preparation Class: Preparation classes take place on the **1st Saturday** of each month beginning with Mass at 9am. Baptism celebration will be booked after you attend the class. Please call Linda at 403.275.2240 ext 6 or email baptism@ascensionparish.ca to register.

Marriage: By appointment, 6 months in advance. Please contact the office.

Marriage Preparation: 3rd Saturday of every month. Please contact the office for more information.

Adult Confirmation: If you are over 18 years old and have been Baptized, you can register for our Adult Confirmation sessions. Fall sessions are completed. Our next session will begin in the spring. Please contact the Parish office for more information.

RCIA: The Rite of Christian Initiation of Adults

For more information contact the Parish office.



A CALL TO SERVICE

MISSIONARY DISCIPLE SPOTLIGHT

My name is Placy De Souza. I have been volunteering in the Music Ministry in Calgary as well as at Ascension Parish for more than 30 years. My wife, children, and now grandchildren have all volunteered in the music ministries.



I was gently led into the Church's music ministry, in Kenya, E. Africa, when my dad gave me a guitar at a very young age. After showing some proficiency on the instrument, my dad got me to accompany him at Mass. After he passed away, a very caring Mary Hill missionary Priest had me accompany him to jails and other exotic locations to many impromptu Masses. My father's gift of the guitar and his faith in me has opened many doors for me and kept me out of trouble from an early age.

I was blessed to be able to continue with this when I came to Canada and played at Holy Trinity Parish before I came to Ascension. I am very fortunate to work with many inspiring and talented choir leaders, who are always encouraging, and supportive and exhort us to do our best for the Lord.

My favorite quotes are from Pope Francis from the Vatican News article "sacred music helps faithful participate actively in the liturgy." "Sacred music," the Pope said, "also helps hold Christian history together. Gregorian chant, polyphony, popular and contemporary music resonate in the liturgy, bringing the past and present generations together in praising God."

Volunteering lets us pass on a legacy of service to the next generation. It's good for our children to see us volunteering.

PRAY FOR TURKEY AND SYRIA

Memorare

Remember,
O most gracious Virgin Mary,
that never was it known
that anyone who fled to thy protection,
implored thy help,
or sought thine intercession
was left unaided.

Inspired by this confidence,
I fly unto thee,
O Virgin of virgins, my mother;
to thee do I come,
before thee I stand,
sinful and sorrowful.

O Mother of the Word Incarnate,
despise not my petitions,
but in thy mercy hear and answer me.

Amen.

Millions of people in Syria and Turkey were shaken awake by disaster on February 6, and found their lives, like the buildings around them, reduced to rubble. In the aftermath of the devastating earthquake, many people are seeking emergency shelter in convents, Parish halls and schools.

Your generous and prayerful support is essential in this critical moment — it could be a lifeline for those women, children and elder-

ly people who have nowhere else to turn. Please consider lending a helping hand during this difficult time.

[Donate through Development and Peace - Caritas Canada](#)

[Donate through CNEWA](#)

FINANCE NEWS

Your 2022 Ascension Catholic Parish income tax receipt is ready for pickup. Please make time during our office hours: Tuesday to Saturday from 9:30am to 12pm and 1pm to 4pm, or on the next two weekends after Mass, Feb. 11th - 12th and Feb 18th - 19th.

Due to the confidential information contained in the envelope, we ask that you only pick up your own tax receipt. Thank you.

2023 Together in ACTION
Annual Diocesan Appeal

1 John 3:18
LET US LOVE, NOT IN WORD OR SPEECH, BUT IN TRUTH AND ACTION

Thank you for your continued generosity to the local and national ministries and initiatives supported by Together in Action. Through your sacrifice, the 2022 campaign goal has been exceeded.

The 2023 Annual Diocesan Appeal will be launched on Ash Wednesday as a way for us to enter into a renewed penitential path which can lead us to conversion and new life in Christ. May the efforts of raising funds to support the various needs remind us that we love not in speech but in truth and action. (1 John 3:18)

Thank you for blessing others with your support.

In Christ,
+William T. McGrattan
Bishop of Calgary

WAYS TO GIVE >>> CATHOLICYC.CA/TIA

MASS INTENTIONS FEB 11 - 18, 2023

Feb. 11	5pm	For the souls of the Fernandes Family
Feb. 11	7pm	For the special intentions of our Parishioners
Feb. 12	8am	For the special intentions of Thnessiamma
Feb. 12	10am	For the special intentions of Thnessiamma
Feb. 12	12pm	For the soul of Guerino Nicola Dilello
Feb. 12	4pm	For the soul of Porqueria Ballos
Feb. 13	9am	For the souls of the Colaco Family
Feb. 14	9am	For the soul of Valentine de Jesus
Feb. 15	9am	For the soul of Barbara Watson
Feb. 16	9am	For the special intentions of Audrey Cutts
Feb. 17	9am	For the soul of Violet Dasilva
Feb. 18	9am	For the soul of James Mervyn Gomes

MINISTRY CONTACTS

Administrative Assistant: Jenn Pashula | office@ascensionparish.ca

Volunteer Resource: Connie Raz | resource@ascensionparish.ca

SACRAMENTS

Baptism: Linda Hengen | baptism@ascensionparish.ca

Sacramental Preparation: Linda Hengen | sacraments@ascensionparish.ca

Marriage Prep: Ferdie Gayos | marriageprep.ascension@telus.net

RCIA: Rob Kehrig | robkehrig@gmail.com

MINISTRIES

Parish Council: Rodel Cenabre | rodelcenabre@gmail.com

Finance Council: Christina Dao | c_dc_d@hotmail.com

Building Fund: Mark Holland | markholland@shaw.ca

Special Events Fundraising: Holly Davidson | hollyd@telus.net

Ex-ord. Min. of Holy Communion: Nadia Oliverio | nadia.oliverio@shaw.ca

Liturgical Ministries: Nadia Oliverio | nadia.oliverio@shaw.ca

Lectors: Andrew Harich | harich0307@gmail.com

Choirs: Maryna Szojka | music@ascensionparish.ca

Sacristans: James Chuah | jameschuah10248@gmail.com

Ushers: Vinay Parmar | vparmar@flyht.com

Greeters: Eneyo Eyo | eneyo.eyo@gmail.com

Mass Participation Tracker: Flor De Souza | flordes18@yahoo.ca

Weekday Masses: Connie Raz | connieraz@gmail.com

Ascension Communication Team (ACT) | office@ascensionparish.ca

Pastoral Care: Sharron Robinson | parishprojects@ascensionparish.ca

Youth: | youth@ascensionparish.ca

Art and Environment: Maria San Miguel | let@shaw.ca

Altar Serving: Adewole Ajayi | server@ascensionparish.ca

RSVP: Lucy Reyes | Lucy.reyes@me.com

Landscaping Ministry: Vinay Parmar | vparmar@flyht.com

Property Management Team: Russell Todd | Text/Call 403.457.0507

Vocation Chalice Coordinator: Violeta Romero | violy1416@yahoo.com

LAY ASSOCIATIONS

Catholic Women's League: Twila Tayfel | cwl.ascension@gmail.com

Knights of Columbus: Chris Rappel | gk10065@kofc.ab.ca

Legion of Mary: Mary Shu | mary.dp.shu@hotmail.com

Regnum Christi: Eileen Coady | rccalgaryoffice@gmail.com

St. Vincent de Paul Society: Davina Janssens | ssvp.ascension@gmail.com

St. Vincent de Paul Society: Hamper Request | 587.755.3855

OUR LADY OF LOURDES

February 11, 2023

To Mary, Mother of Mercy and Health of the Infirm, I entrust the sick, healthcare workers and all those who generously assist our suffering brothers and sisters. From the Grotto of Lourdes and



her many other shrines throughout the world, may she sustain our faith and hope, and help us care for one another with fraternal love.

-POPE FRANCIS

WORLD DAY PRAYER OF THE SICK

February 11, 2023

Bishop McGrattan reminds us to be filled with compassion - echoing the words of the Good Samaritan traveler: "Take care of him". Let us work hard in Canada to ensure improved access to palliative care and other services for those in need - following Bishop McGrattan's urging that "We can, and must do much better".

[Read Bishop McGrattan's Message](#) for the World Day Prayer for the Sick



THE DEPTHS

WEEKEND RETREAT

FEB 25 & 26

GRADES 9-12 COST \$69

ASCENSION PARISH | CALGARY, AB

REGISTER NOW



FEB 25
1:00PM - 10:00PM

FEB 26
9:15AM - 11:45



FACETOFACE MINISTRIES

WWW.F2F.CA/DEPTHSRETREATS/

Stay up to date by visiting our Social Media

www.facebook.com/ascensionparishcalgary <https://twitter.com/RCAscensionYYC> <https://www.instagram.com/ascensioncatholic/>

What does Jesus say about the Commandments?



In today's Gospel reading Jesus was talking about the laws of God. Some people thought that He would take away the old law that God had given the Jews. But Jesus said that He didn't come to take away the law. He came to fulfill the law.

The old laws tell us the things that we shouldn't do, like worship false gods or kill people or steal. Jesus is telling us that just obeying the commandments isn't enough. He wants us to do everything out of love. If you really love a person then of course you won't kill them! But He says you shouldn't get angry at them either. You wouldn't steal from someone you love- but wouldn't you want to be generous to them too?

Jesus says that the Ten Commandments are very important, but we have to do more than just obey them. We need to love!



Answer to Word-Find: "you will be blessed."

www.thekidsbulletin.com

The Kids' Bulletin

6th Sunday in Ordinary Time
February 12th, 2023



tadht knihtt ton oD
d3iloda ot smac I
sht to wal sht
...t3edqo79
bna z3edo 7evendW
z3rsmbrmmoc sht z3bcast
sht ni t3t3st3p bellac ad lliw
.nsvareH 7o mobpniK

Some people in Jesus' time thought that He was going to get rid of the old law. What does He have to say about the commandments in today's Gospel reading?

Look at this picture in the mirror to find out!

The Seven Holy Founders of the Servite Order

February 17

IN THE EARLY 1200'S IN FLORENCE, ITALY, MOST OF THE PEOPLE HAD DRIFTED AWAY FROM THE FAITH AND LOVE OF GOD, AND HERESY WAS COMMON.

SEVEN YOUNG NOBLEMEN, HOWEVER, JOINED A GROUP IN HONOUR OF OUR LADY.

SHE APPEARED TO THEM AND TOLD THEM TO LIVE FOR GOD, AWAY FROM THE WORLD.

SO THE SEVEN MEN MOVED TO A HOUSE OUTSIDE THE CITY.

TWO OF THEM WERE MARRIED AND TWO WERE WIDOWERS SO THEY FOUND WAYS TO PROVIDE FOR THEIR FAMILIES.

SOON THEY MOVED TO A MOUNTAIN SIDE WHERE THEY BUILT A CHURCH. SIX OF THEM BECAME PRIESTS.

IT TOOK MANY YEARS BEFORE THE ORDER WAS MADE OFFICIAL BY THE CHURCH, BUT MANY MEN JOINED AND IT SPREAD THROUGH EUROPE.

THE SEVEN SAINTS WHO STARTED THE SERVITE ORDER MADE GREAT SACRIFICES BY GIVING UP THEIR LIFE OF WEALTH AND THEIR FAMILIES. THEY HAD GOD'S HELP AND ALSO EACH OTHER'S HELP. DO YOU HAVE FRIENDS WHO CAN HELP YOU TO BE HOLY AND EVEN HEROIC? ARE YOU THAT KIND OF FRIEND?

thekidsbulletin@gmail.com

Psalm 119 Word-Find



Y D S C O F G O O D U
 W I T O L O R D B I L
 B L A M E L E S S L B
 L I T M E L A W E B C
 E G U A P O F I R M O
 S E T N R W L I V E S
 S N E D E C R E E S S
 E T S E C M A Y L S I
 D L E D E O P E N E D
 S Y K E P T S E D E E
 M I G H T H W A L K R
 W O R D S E R V A N T

See if you can find all the words in CAPITALS. Use the leftover letters to fill in the blanks at the end.

Blessed are they who FOLLOW the law of the LORD.

Blessed are they whose way is BLAMELESS, who WALK in the LAW of the Lord. BLESSED are they who OBSERVE his DECREES, who SEEK him with all their heart.

You have COMMANDED that your PRECEPTS be DILIGENTLY KEPT.

Oh, that I MIGHT be FIRM in the ways of keeping your STATUTES!

Be GOOD to your SERVANT, that I MAY LIVE and keep your WORDS.

OPEN my EYES, that I may CONSIDER THE wonders of your law.

If you obey God's law,