

ASCENSION CATHOLIC PARISH

June 10 - 11, 2023



*Sharing the Spirit
Together in Christ*



MASS TIMES

WEEKDAY MASSES

Monday - Saturday: 9:00am

WEEKEND MASSES

Saturday: 5:00pm & 7:00pm

Sunday: 8:00am; 10:00am;
12:00pm & 4:00pm

PARISH STAFF

Pastor: Fr. John Gannon

Associate: Fr. JP Luxbacher

Vicar: Fr. Adrian Martens (Sundays)

Deacon: Patrick Woo

Admin Assist: Jenn Pashula

Sacraments : Linda Hengen

Bookkeeper: Cindy Kreutzer

Resource: Connie Raz

OFFICE HOURS

Tuesday—Saturday
9:30am - 4:00pm

Closed for Lunch 12pm - 1pm

OUR MISSION STATEMENT

Ascension Catholic Parish is a community of disciples of Jesus Christ, the Risen Lord, guided on our journey by the Holy Spirit to further the Kingdom of God, through committed Worship, Catechesis, Fellowship and Service

Psalm 147: Praise the Lord, Jerusalem.

MOST HOLY BODY AND BLOOD OF CHRIST

Dear friends,

We have had a lot of celebrations recently. It has been good to have a chance to get to know some of you a bit better!

Today we celebrate "Corpus Christi", which means the Body of Christ. We thank the Lord for being our Food and our Life. Here are a few verses of a prayer that has, traditionally, been said in those moments of silence after communion. Maybe you can pray it today with all your heart, upon receiving Holy Communion:

Lord, I believe in you: increase my faith.
I trust in you: strengthen my trust.
I love you: let me love you more and more.
I am sorry for my sins: deepen my sorrow...

I want to do what you ask of me:
In the way you ask,
For as long as you ask,
Because you ask it.

United in gratitude to our Lord for His constant closeness. Fr. JP

CONFESSIONS

Tuesday - Saturday:
8:15am - 8:45am
Saturdays: 4:00pm - 4:45pm
or by appointment

ANOINTING OF THE SICK

Please call the office at 403.275.2240
When prompted
Press 2 for Pastor
Press 3 for Associate

1100 Berkshire Blvd NW Calgary, AB T3K 3M3

Phone 403.275.2240 | Fax 403.274.3969 | www.ascensionparish.ca

**BUILDING ASCENSION FOR TOMORROW
CAMPAIGN**

Thank you!

We are so pleased that the Campaign including the Feast Day, Gala and Online Auction raised an outstanding \$30,000 and your support is greatly appreciated.

To everyone who took part in the Feast Day, purchased tickets to the Gala, donated an item to the auction, to those who purchased an auction item, made a donation or purchased a 50/50 or prize draw ticket - thank you. We could not have done this without you!

All of the funds that were raised will be directed to our Building Fund.



Summer Office Hours

**Tuesday - Saturday
9:30am - 1pm**

Starting July 3

ST. ANTHONY OF PADUA PRAYER GROUP



We are starting a weekly devotion in our Parish beginning on Tuesday, June 13th, the feast day of Saint Anthony. Please join us for this devotion. We will meet every Tuesday at 6pm in the chapel.

VOCATION CHALICE



Our Parish continues to pray for Vocations using our traveling Chalice. In having the Chalice in your home you are encouraged to devote time to pray for an increase in vocations. To sign up [click here](#) or visit our website www.ascensionparish.ca.

SACRAMENTS

**ONLINE SACRAMENT REGISTRATION
IS OPEN**

REGISTER at ascensionparish.ca

Grade 2 and above –

Reconciliation / First Holy Communion

Grade 6 and above – Confirmation

Grade 7 and above – Sacraments For Teens

This is a program for teens who have missed one or more of the Sacraments.

Baptism for School Aged Children: In collaboration with our Catholic Schools, we offer Baptism for school aged children in grades 1-6. Classes will be held in the fall; please register online or call the office.

Baptism for Infants: Preparation for Infant Baptism involves registering your child, submitting required paperwork and a Baptism class. The Baptism classes are on the 1st Saturday of each month. Your child's Baptism will be booked after submitting the required paperwork and your participation in the class. Baptisms are celebrated Saturday at 10am and Sunday at 2pm.



To register please email baptism@ascensionparish.ca.

Marriage: By appointment, 6 months in advance. Please contact the office.

Marriage Convalidation: This is a ceremony for Catholics who have had a civil marriage and want their marriage recognized as a Sacramental Covenant. Please call the office to begin this process.

Marriage Preparation: On the 3rd Saturday of every month at the Parish or through the Diocese at <https://www.catholiccyyc.ca/marriageprep.html>.

Adult Confirmation: If you are over 18 years old and have been Baptized, you can register for our Adult Confirmation Sessions. For more information contact sacraments@ascensionparish.ca

RCIA: The Rite of Christian Initiation of Adults For more information contact the Parish office. office@ascensionparish.ca



A CALL TO SERVICE

MISSIONARY DISCIPLE SPOTLIGHT



Hi, I'm Andrea Hunter. I have been serving as a Lector with the Parish for six years now. I also served as a Sacramental Preparation Teacher for at least one year.

I felt called to volunteer because of the leadership skill set I have as a Vice-Principal. I've worked as an educator and administrative leader for

23 years in Calgary Catholic School District. I find happiness in being around children/youth and making their experience at Mass or through Sacramental preparation with their parents, a meaningful one. I've taught many children and feel the impact that I've made, it's important to share that skill set with students preparing for their Sacraments. It's an exciting and special time and it brings me joy to share in that with them. I always give the advice that 'You don't have to do this. You get to do this.'

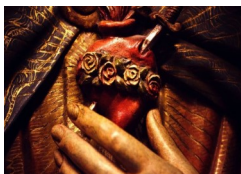
For anyone considering volunteering, I would say that it is a privilege to share your time and faith with others. Someone is waiting for you to impact their life in a beautiful way. Once you start giving your time and talent you become part of a greater faith community. It's a wonderful feeling.

My favourite scripture passage is The Beatitudes. Every time I read them either to myself or out loud, I'm filled with a lot of emotion. It's a reminder to live a humble life and to see the face of Christ in everyone. It's also a reminder to continually give of yourself to others without judgement. It makes all of your blessings very visible in that moment.

VOLUNTEERS NEEDED

If you would like to join our volunteer team email resource@ascensionparish.ca or visit our website <https://www.ascensionparish.ca/volunteer.html>

PARISH ADORATION SCHEDULE



We invite you to join the Parish for Adoration every Friday 9:30am—10:30am. For a Parish schedule throughout the Diocese please go to <https://www.catholicyc.ca/blog/let-the-little-children-come-to-me#adoration>

FINANCIAL NEWS

Beautiful weather has come to Calgary after a long winter. Please remember to continue to support Ascension Catholic Parish financially through the summer months. If you are vacationing, please consider signing up for pre-authorized donations or donating before you leave for holidays. We are most grateful for your support!

Enjoy the summer!



ORDINATION OF SANTIAGO TORRES TO THE PRIESTHOOD - JUNE 16

Rev. Mr. Santiago Torres, a transitional deacon currently completing studies at St. Joseph Seminary in Edmonton, has been called to ordination to the Holy Priesthood on the Solemnity of the Most Sacred Heart of Jesus. When: **Fri, June 16 at 7pm - St. Mary's Cathedral.** All are welcome!

MASS INTENTIONS JUNE 10- JUNE 17, 2023

Jun 10	5pm	For the soul of Francisco Apio
Jun 10	7pm	For the Special Intentions of Lincoln Coleshaw
Jun 11	8am	For the souls of Mila & Benjamin Galang
Jun 11	10am	For the Special Intentions of the Amakhian Family
Jun 11	12pm	For our Parishioners
Jun 11	4pm	For the soul of Pacencia Hermanos
Jun 12	9am	For the soul of Maureen Linehan
Jun 13	9am	For the Special Intentions of missing members of Zamora and Arrieta family
Jun 14	9am	For the soul of Virginia Aguilar
Jun 15	9am	For the soul of Joe Lokanc
Jun 16	9am	For the soul of Rocque Fernandes
Jun 17	9am	For the special intentions of Marika Claire Patawaran

MINISTRY CONTACTS

Administrative Assistant: Jenn Pashula | office@ascensionparish.ca

Volunteer Resource: Connie Raz | resource@ascensionparish.ca

SACRAMENTS

Baptism: Linda Hengen | baptism@ascensionparish.ca

Sacramental Preparation: Linda Hengen | sacraments@ascensionparish.ca

Marriage Prep: Ferdie Gayos | marriageprep.ascension@telus.net

RCIA: Rob Kehrig | robkehrig@gmail.com

MINISTRIES

Parish Council: Rodel Cenabre | rodelcenabre@gmail.com

Finance Council: Christina Dao | c_dc_d@hotmail.com

Building Fund: Mark Holland | markholland@shaw.ca

Special Events Fundraising: Holly Davidson | hollyd@telus.net

Ex-ord. Min. of Holy Communion: Nadia Oliverio | nadia.oliverio@shaw.ca

Liturgical Ministries: Nadia Oliverio | nadia.oliverio@shaw.ca

Lectors: Andrew Harich | harich0307@gmail.com

Choirs: Maryna Szojka | music@ascensionparish.ca

Sacristans: James Chuah | jameschuah10248@gmail.com

Ushers: Vinay Parmar | vparmar@flyht.com

Greeters: Eneyo Eyo | eneyo.eyo@gmail.com

Mass Participation Tracker: Flor De Souza | flordes18@yahoo.ca

Weekday Masses: Connie Raz | connieraz@gmail.com

Ascension Communication Team (ACT) | office@ascensionparish.ca

Pastoral Care: Connie Raz | resource@ascensionparish.ca

Youth: | youth@ascensionparish.ca

Art and Environment: Maria San Miguel | let@shaw.ca

Altar Serving: Adewole Ajayi | server@ascensionparish.ca

RSVP: Lucy Reyes | Lucy.reyes@me.com

Landscaping Ministry: Vinay Parmar | vparmar@flyht.com

Property Management Team: Russell Todd | property@ascensionparish.ca

Vocation Chalice Coordinator: Violeta Romero | violy1416@yahoo.com

LAY ASSOCIATIONS

Catholic Women's League: Sheryl Bennett | cwl.ascension@gmail.com

Knights of Columbus: Chris Rappel | gk10065@kofc.ab.ca

Legion of Mary: Mary Shu | mary.dp.shu@hotmail.com

Regnum Christi: Eileen Coady | calgaryregnumchristi@gmail.com

St. Vincent de Paul Society: Davina Janssens | ssvp.ascension@gmail.com

PRAY FOR POPE FRANCIS



Join us in praying for Pope Francis' recovery. Following the conclusion of today's General Audience, Pope Francis was admitted to Rome's A. Gemelli University Hospital to undergo surgery in the early afternoon. The Press Office added that the Pope will remain in the hospital for several days "to allow for a normal post-operative course and full functional recovery." [Read more](#)

His Building 6th Golf
Tournament | July 8
Sat, July 8th at 12:30 to 9pm,
Strathmore Golf Club

Support the construction of the new Sacred Heart Catholic Church in Strathmore and enjoy a round of golf! Click here [for more info or to register.](#)

CORPUS CHRISTI SUNDAY RESOURCES

This weekend, the Church commemorates one of the most significant solemnities in our calendar: the Feast of the Most Holy Body and Blood of Christ, commonly known as *Corpus Christi*. Established in the 13th century as a result of widespread devotion to Jesus Christ in the Eucharist, this feast provides an opportunity to honor and express gratitude for the precious gift of the Blessed Sacrament beyond the daily sacrifice of the Mass.

Corpus Christi Sunday Resources

[The True Story of the Feast of Corpus Christi](#)

[Talk to your kids about Eucharist](#)

[Corpus Christi Craft for kids from Catholic Icing](#)

[A visual guide to how to go to Adoration](#)

Stay up to date by visiting our Social Media

www.facebook.com/ascensionparishcalgary <https://twitter.com/RCAscensionYYC> <https://www.instagram.com/ascensioncatholic/>

The Body and Blood of Christ

Today we celebrate the feast day of the Body and Blood of Jesus in the Blessed Sacrament. At the Last Supper, Jesus knew that He was going to leave His friends. So He turned the bread into His Body and the wine into His Blood - even though they still looked like bread and wine - and told the Apostles to do the same.

Jesus gave the Apostles, who were the first priests, the power to change bread and wine into His Body and Blood in the Mass. Now at every Mass Jesus comes to us on the altar, Body and Blood, Soul and Divinity!

Of course we can't see any change happen when the priest consecrates the bread and wine, but we know that God can do things without us understanding them. He loves us so much that He wants to come to us hidden in Holy Communion. Now it is up to us to love Him back with our whole hearts!

Answer to puzzle on front: Living Bread.
Answers to match-up puzzle:
A-2, B-6, C-7, D-4, E-1, F-5, G-3.



www.thekidsbulletin.com

The Kids' Bulletin

*Feast of the Body and Blood of Christ
June 11th, 2023*



*What did Jesus say
in today's Gospel
reading?
Put the letters in
order to fill in the
blanks at the bottom.*

G
6

N
5

V
3

D
11

A
10

B
7

L
1

I
2

E
9

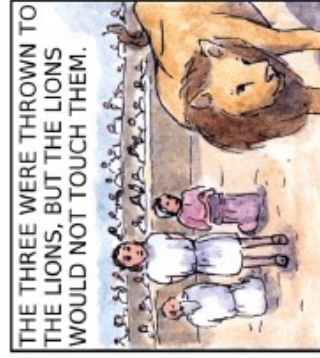
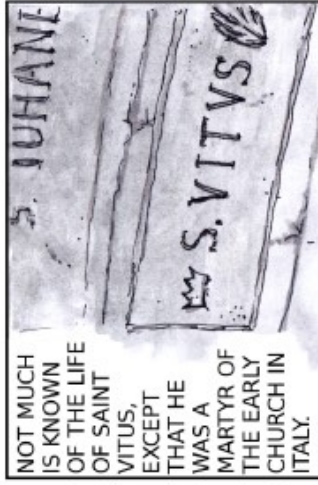
I
4

R
8

"I am the _____
which came down from Heaven."

Saint Vitus

June 15



ALTHOUGH WE DON'T KNOW MUCH ABOUT SAINT VITUS, WE DO KNOW THAT HE WAS A HERO WHO GAVE UP HIS LIFE FOR GOD. HE IS THE PATRON SAINT OF DANCERS, ACTORS, AND AGAINST STORMS. HIS NURSE AND HIS TUTOR ARE GOOD EXAMPLES TO US BECAUSE THEY TAUGHT THE FAITH AT THE COST OF THEIR LIVES.

Gospel Match-up



How well do you know today's Gospel story? See if you can match up the first parts with the second parts of what Jesus told the people.



- | | |
|--|---|
| <p>1 I am the living bread</p> <p>2 if any one eats of this bread,</p> <p>3 the bread which I shall give for the life of the world</p> <p>4 Unless you eat the flesh of the Son of man and drink his blood,</p> <p>5 For my flesh is and my blood</p> <p>6 He who eats my flesh and drinks my blood</p> <p>7 is my flesh.</p> | <p>A food indeed, which came down from heaven;</p> <p>B which came down from heaven;</p> <p>C abides in me, and I in him.</p> <p>D you have no life in you</p> <p>E is drink indeed.</p> <p>F he will live for ever;</p> <p>G is my flesh.</p> |
|--|---|